

The Sabbath: Focused Rest

1. To *rest* and be *refreshed*
2. To *reflect* on *God*
 - a. *Who* He is – He made you for Himself

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2. To *reflect* on *God*
 - a. *Who* He is – He made you for Himself
 - b. *What* He has *done* – He redeemed you to Himself

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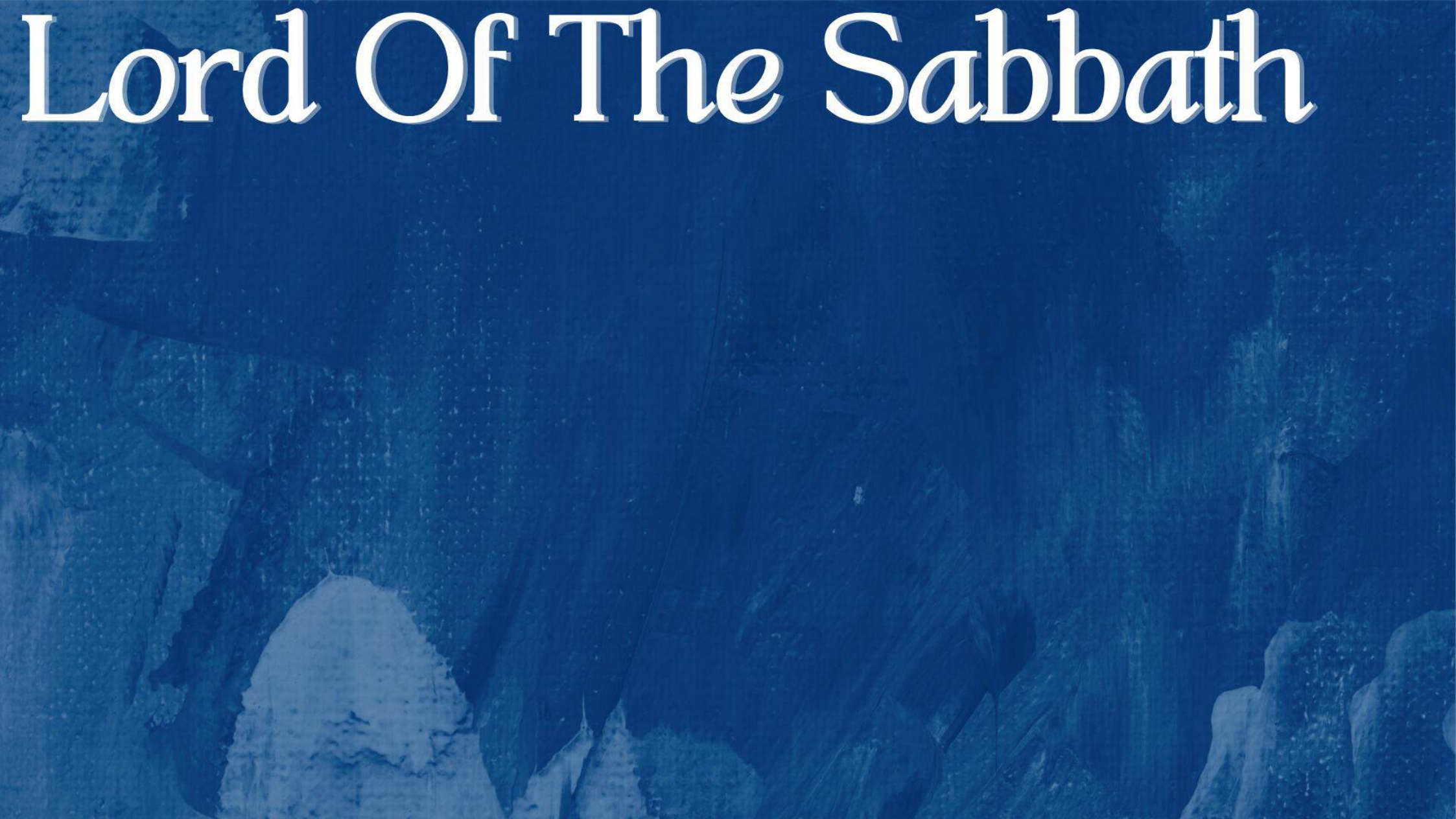
Maintain your **communion** with God as the **reference point** for your life and work

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When our walk of faith becomes ***mechanical performance***, we twist the ***intent*** of God's Word, we fail to see God's ***heart***, we become ***preoccupied*** with others, and our hearts become ***hardened***.

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 - To them, the mechanics of religion were paramount

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The real violation of the Sabbath was their ***uncaring*** and ***hypocritical*** attitude

Two Questions



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1. Is there any part of my walk of faith that is *mechanical performance*?

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2. Am I so preoccupied with keeping my religious *identity* or *practice* that I've lost my *compassion*?

Three Principles



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1. Behind every *precept* is a *Person*

Three Principles

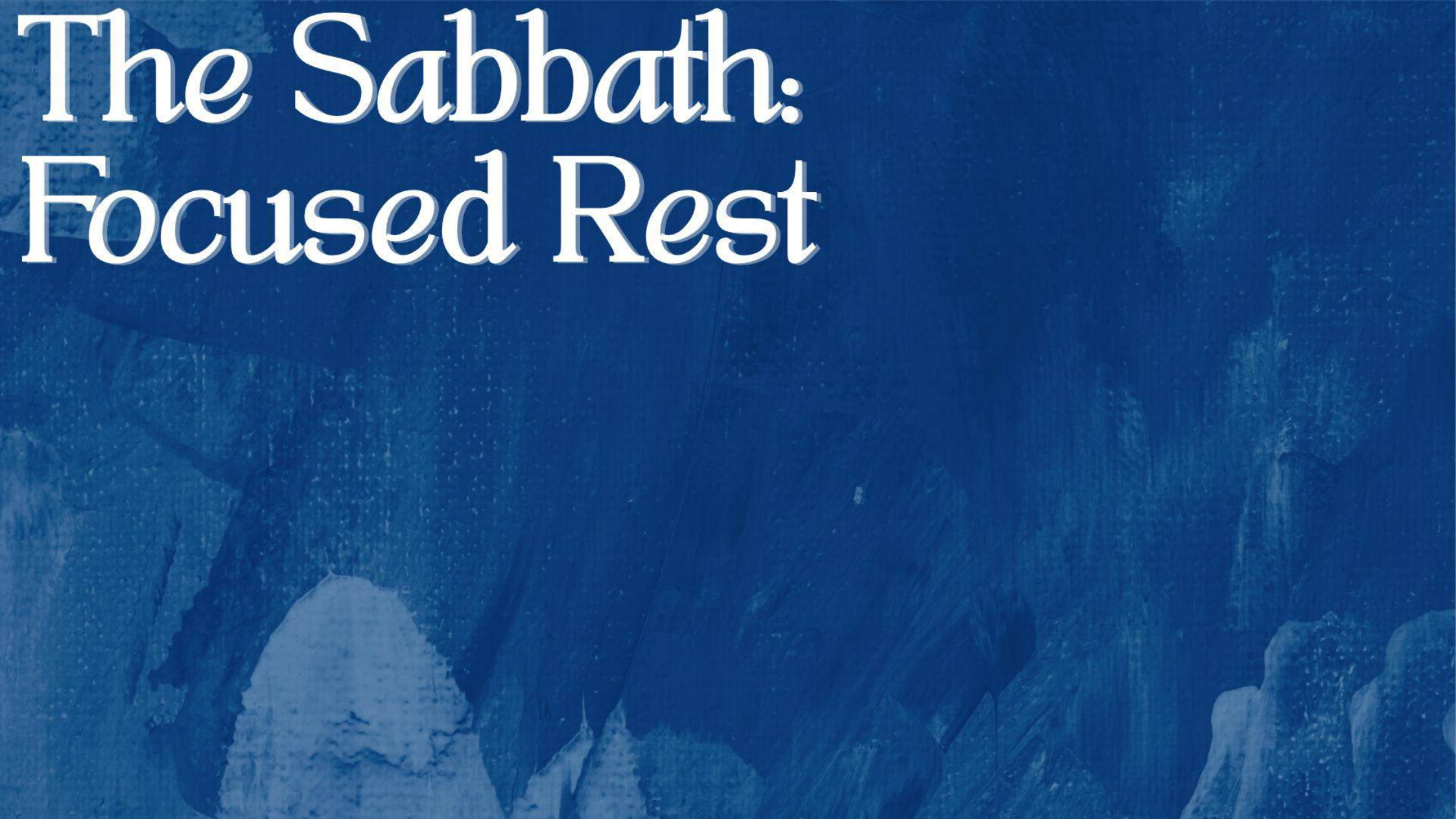
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Three Principles

1. Behind every *precept* is a *Person*
2. The *Word* of God *draws* you to God
3. Keep *regular time* in your schedule to *commune* with your Creator/Redeemer to keep Him as the *point* of your day-to-day

*“The Son Of
Man Is Lord Of
The Sabbath”*

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The background of the slide is a dark blue, textured surface. It appears to be a close-up of a rocky or mountainous terrain, with various shades of blue and white highlights creating a sense of depth and texture. The overall tone is serene and contemplative, fitting the theme of rest.

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